

APRIL 2024

OPEN GYM SCHEDULE

Schedule subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 am - 12:00 pm 1 Parent/Child 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. Parent/Child	8:00 - 10:00 am 2 Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	8:00 - 10:00 am 3 Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. High School	4 9:00 - 11:00 a.m. Parent/Child	5 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	6
7 9:00 - 11:00 a.m. Parent/Child (1/2 Court)	8 10:00 am - 12:00 pm Parent/Child 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. Parent/Child	9 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	10 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. High School	11 9:00 - 11:00 a.m. Parent/Child	12 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	13
14	15	16 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	17 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. High School	18 9:00 - 11:00 a.m. Parent/Child	19 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	20
21 9:00 - 11:00 a.m. Parent/Child (1/2 Court)	22 10:00 am - 12:00 pm Parent/Child 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. Parent/Child	23 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds	24 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. High School	25 9:00 - 11:00 a.m. Parent/Child	26 8:00 - 10:00 am Fitness Members	27
28	29 10:00 am - 12:00 pm Parent/Child 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. Parent/Child	30 8:00 - 10:00 am Fitness Members 12:00 - 2:00 pm Fitness Members 3:00 - 4:30 p.m. 10 - 14 Year Olds				

Please promptly exit the gym at end of session.

March 31st: No Open Gym, Building Closed for Easter